

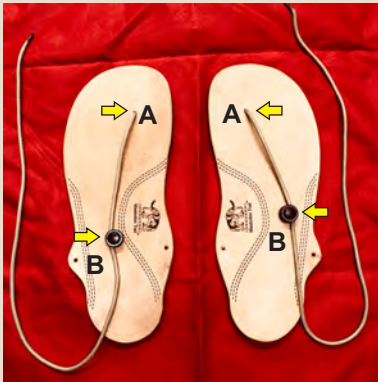
Lace Replacement



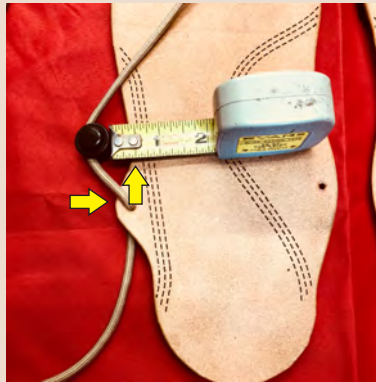
As milage accumulates the laces will begin failing at the point where they cross over themselves. PaleoShoes advise replacing laces when they fray or if any of the internal strands break. **Note: To help avoid confusion, replace one lace at a time, use the other sandal as a re-lacing guide.**

Lace Replacement:

Step 1) A- Thread lace up through the **Center** eyelet. **B-** Pass lace through the outside channel of the cord lock.



Step 2) Push the lace down through the **Outside** eyelet, leave about 3/8 inch between cord lock and the outside of the sandal.



Step 3) A- Pass lace up and over **Outside** eyelet. **B-** Pass lace under the sandal and push it up through **inside** eyelet



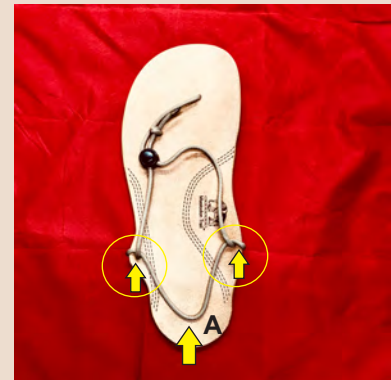
Step 4) A- Loop lace over **Inside** eyelet. **B-** Thread lace through inside channel of the cord lock.



Step 5) Secure the lace end with a knot. **Note: For better racing fit move knot tight to cord lock.**



Step 6) A- The lace passing behind the heel must pass under forefoot sections of the lace as shown in the picture below.



Adjust the Fit

Step 1) To adjust the foot placement on the sandal, pull the **Inside** lace up or down.



Step 2) Pull the **Inside** lace up to move the foot to the front of the sandal, pull lace down to move the foot to the back.



Step 3) Best fit is with toes close to the front and the excess sole material towards the back.



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